



January 28 2021

| Javelin | | | Distance |
|----------------|-----------|------|-----------------|
| Jonah | Kenny | U15 | 19.85 |
| Ruth | Johnson | W80 | 11.25 |
| Calum | Membrey | Open | 15.40 |
| Brian | Waldhuter | M80 | 12.85 |
| Harold | Membrey | M65 | 17.15 |

| Shot Put | | | Distance |
|-----------------|-----------|------|-----------------|
| Jonah | Kenny | U15 | 7.47 |
| Ruth | Johnson | W80 | 5.82 |
| Calum | Membrey | Open | 5.26 |
| Brian | Waldhuter | M80 | 6.55 |
| Harold | Membrey | M65 | 7.72 |

C Record

| 80 M Hurdles | | | Time |
|---------------------|-----------|-----|-------------|
| Brian | Waldhuter | M80 | 19.71 |

| 3Kms | | | Time |
|-------------|---------|------|-------------|
| Jonah | Kenny | U15 | 15:16.9 |
| Calum | Membrey | Open | 15:26.1 |