



November 07 2023

Points

Hurdles			Time
110m			
Jonah	Kenny	U18	19.49
90m			
Connor	Lewis	U14	20.65
80m			
Lily	Smith	U14	14.60
Janet	Smith	W40	15.38
Lily	Timmers	U14	18.83

Rec

Points

Triple Jump			Distance
Brian	Waldhuter	M80	3.00m
Calum	Membrey	M30	4.19m
Ruth	Johnson	W80	2.61m
Lily	Smith	U14	4.86m
Janet	Smith	W40	4.43m
Jonah	Kenny	U18	6.03m
Connor	Lewis	U14	4.14m
Tyne	Timmers	M40	4.37m
Lily	Timmers	U14	3.65m
Luella	Jenkins	W80	2.93m

Points

400m			Time
Jonah	Kenny	U18	54.92
Tyne	Timmers	M40	1.00.07
Tim	Fitzpatrick	M45	1.07.20
Lily	Smith	U14	1.18.11
Garry	Hastie	M60	1.19.85
Ruth	Johnson	W80	1.58.24
Calum	Membrey	M30	1.07.53
Janet	Smith	W40	1.08.19
Nigel	Bancroft	M55	1.10.97
Connor	Lewis	U14	1.13.91

Rec

Points

Hammer Throw			Distance
Brian	Waldhuter	M80	16.97m
Sharon	Moloney	W60	24.01m
Ruth	Johnson	W80	19.63m
John	Fettus	M50	43.07m
Luella	Jenkins	W80	17.92m
Darren	Brennan	M40	11.89m
Connor	Lewis	U14	7.96m
Garry	Hastie	M60	23.86m
Tyne	Timmers	M40	12.73m
Lily	Timmers	U14	5.96m
Krystal	Chrystie	W35	16.13m

Rec