



December 19 2023

56lb Weight Throw			Distance	
Harold	Membrey	M70	3.16m	Club Record
Lily	Timmers	U14	1.52m	Club Record
Tyne	Timmers	M40	4.46m	Club Record
Sharon	Moloney	W60	1.84m	Club Record
Garry	Hastie	M60	3.42m	Club Record
Brian	Waldhuter	M80	2.69m	Club Record
Luella	Jenkins	W80	1.53m	Club Record
John	Fettus	M50	7.58m	Club Record
Calum	Membrey	M30	2.51m	Club Record
Paula	Kennedy	W55	3.62m	Club Record