



January 16 2024

Points

Hammer Throw			Distance
Lily	Timmers	U14	3.63m
Tyne	Timmers	M40	14.29m
Luella	Jenkins	W80	19.95m
Garry	Hastie	M60	24.31m
Harold	Membrey	M70	26.40m
Sharon	Moloney	W60	26.59m
Taya	Campbell	U14	11.40m
Anouk	Timmers	U14	14.55m
Darren	Brennan	M40	11.00m
Paula	Kennedy	W55	31.91m
John	Fettus	M50	45.48m

Club Rec

Non Points

Shot Put			Distance
Tyne	Timmers	M40	8.67m
Luella	Jenkins	W80	6.80m
Garry	Hastie	M60	8.30m
Harold	Membrey	M70	7.65m
Sharon	Moloney	W60	7.16m
Taya	Campbell	U14	8.71m
Anouk	Timmers	U14	7.29m
Paula	Kennedy	W55	8.25m
John	Fettus	M50	13.23m
Calum	Membrey	M30	4.87m

Points

Hurdles			Time
80m			
Lily	Timmers	U14	19.10
Taya	Campbell	U14	14.80

Points

400m			Time
Lily	Timmers	U14	1:22.5
Tyne	Timmers	M40	1:00.2
Harold	Membrey	M70	1:39.7
Taya	Campbell	U14	1:14.7

Points

Long Jump			Distance
Taya	Campbell	U14	4.30m
Luella	Johnson	W80	2.07m
Tyne	Timmers	M40	4.18m
Lily	Timmers	U14	3.63m