



November 15 2022

Points

200M			Time
Nigel	Bancroft	M55	33.2
Harold	Membrey	M70	42.32
Luella	Jenkins	W80	54.50
Sharon	Moloney	W60	46.39
Ruth	Johnson	W80	49.69
Calum	Membrey	M30	31.72
Aaron	Hill	M45	34.97
Rob	Antoniolli	M70	39.33

Non Points

400m			Time
Calum	Membrey	M30	01:11.9
Nigel	Bancroft	M55	01:12.5

Points

800m			Time
Ruth	Johnson	W80	05:04.1
Calum	Membrey	M30	03:00.5
Nigel	Bancroft	M55	02:48.1
Peter	Doye	M80	06:17.5
Sharon	Moloney	W60	04:35.3
Aaron	Hill	M45	03:38.3

Points

Triple Jump			Distance
Ruth	Johnson	W80	5.16m
Calum	Membrey	M30	8.31m
Sharon	Moloney	W60	5.28m

Points

Shot Put			Distance
Ruth	Johnson	W80	5.05m
Harold	Membrey	M70	7.54m
Darren	Brennan	M40	4.87m
Calum	Membrey	M30	4.50m
Peter	Doye	M80	7.25m
Luella	Jenkins	W80	6.65m
Paula	Kennedy	W55	8.19m
Aaron	Hill	M45	7.72m
John	Fettus	M45	11.12m
Brian	Waldhuter	M80	6.11m
Sharon	Moloney	W60	7.16m
Rob	Antoniolli	M70	5.12m

Non Points

Hammer			Distance
Ruth	Johnson	W80	18.11m
Harold	Membrey	M70	22.86m
Luella	Jenkins	W80	19.96m
Paula	Kennedy	W55	27.42m
Tilly	Wallam	U17	28.92m
John	Fettus	M45	39.93m
Brian	Waldhuter	M80	15.54m
Sharon	Moloney	W60	23.13m