



October 11 2022

Points

400M			Time
Sharon	Moloney	W60	1.59.26
Ruth	Johnson	W80	2.05.09
Harold	Membrey	M70	1.49.96
Lyle	James	M80	2.43.85
Rob	Antonelli	M70	1.47.59
Emma	Hollins	W40	1.27.40
Calum	Membrey	M30	1.14.92
Nigel	Bancroft	M55	1.12.98
Jessie	Hollins	U16	1.00.89
Keeton	Hardwick	M45	1.07.30

Hammer			Distance
Garry	Hastie	M60	23.63
Darren	Brennan	M40	13.60
Paula	Kennedy	W60	29.61
Harold	Membrey	M70	24.71
Sharon	Moloney	W60	25.02
Luella	Jenkins	W80	20.17
An-ne	Pelser	U16	34.01
Brian	Waldhuter	M80	14.43
John	Fettus	M45	39.69
Ruth	Johnson	W80	19.11
Lyle	James	M80	5.57
Joanne	Hill	W40	17.19
Arron	Hill	M45	12.19

Long Jump			Distance
Sharon	Moloney	W60	1.88
Luella	Jenkins	W80	2.06
Jessie	Hollins	U16	5.41
Ruth	Johnson	W80	2.31
Emma	Hollins	W40	3.68
Joanne	Hill	W40	3.37
Arron	Hill	M45	4.16
Calum	Membrey	M30	3.89

No Points

60m			Time
Sharon	Moloney	W60	11.86
Rob	Antonelli	M70	11.44
Lyle	James	M80	16.91
Nigel	Bancroft	M55	9.89
Garry	Hastie	M60	9.53
Luella	Jenkins	W80	13.45
Ruth	Johnson	W80	13.08
Harold	Membrey	M70	10.79
Joanne	Hill	W40	10.29
Jessie	Hollins	U16	8.03
Arron	Hill	M45	9.14
Emma	Hollins	W40	9.79

Javelin			Distance
Sharon	Moloney	W60	14.65
Lyle	James	M80	3.83
An-ne	Pelser	U16	27.61
Luella	Jenkins	W80	13.16
Joanne	Hill	W40	15.97

1500M			Time
Ruth	Johnson	W80	10.00.40
Jessie	Hollins	U16	4.43.77
Arron	Hill	M45	8.05.34
Keeton	Hardwick	M45	5.02.12
Calum	Membrey	M30	6.08.40
Nigel	Bancroft	M55	5.46.75
Emma	Hollins	W40	6.41.39
Garry	Hastie	M60	8.13.50
Harold	Membrey	M70	11.31.50

Walk
Walk