



November 12 2020

Out Door Pent			Total Pts	100M	Pts	Shot Put	Pts	Long Jump	Pts	Javelin	Pts	800M	Pts	
Luella	Jenkin,	W75	2215	21.0	489	6.65	673	2.20	333	12.70	457	05:16.9	263	
Rihanna	Di Giuseppe	U14	1953	14.0	567	6.85	325	4.19	352	25.82	398	03:06.5	311	C Record
Diane	Kelly	F50	1412	19.5	175	7.35	481	3.04	265	16.99	332	03:57.4	159	
Julie	Best	F50	1926	16.6	471	7.11	462	3.42	374	18.44	368	03:42.1	251	
Tracey	Di Giuseppe	F30	1352	15.6	348	7.36	358	3.41	182	21.73	321	03:29.0	143	C Record
Ruth	Johnson	W75	2638	19.5	649	5.77	567	2.50	472	10.13	347	04:20.2	603	

**Shot Put**

**Distance**

John Cochrane U14 9.22

**Javelin**

**Distance**

John Cochrane U14 26.10  
Garry Hastie M55 28.78

**800M**

**Time**

Garry Hastie M55 04:11.1