



March 2 and 3 2024

Throws Pentathlon			Hammer	Points	Shot Put	Points	Discus	Points	Javelin	Points	Weight	Points	Total Points	
Luella	Jenkins	W80	19.27	514	6.52	619	16.23	596	14.72	566	9.47	680	2,975	
Michelle	Krok	W35	20.37	253	9.02	487	27.55	416	23.62	367	7.88	323	1,846	
Harold	Membrey	M70	23.82	383	7.67	485	20.33	345	14.55	197	10.37	488	1,898	
Jo	Peters	M70	45.29	836	11.72	806	39.30	791	34.84	651	17.42	900	3,984	Club, State and National Record
Jim	Davis	M90	19.40	529	7.13	656	17.28	601	10.52	277	0	0	2,063	State Record
John	Fettus	M50	45.57	699	13.67	838	37.32	616	36.49	513	16.27	806	3,472	Club Rec
Sharon	Moloney	W60	26.69	561	7.51	540	18.31	445	15.53	372	9.24	461	2,379	Club Rec
Calum	Membrey	M30	13.59	117	4.88	184	12.69	139	18.10	136	4.55	154	730	
Garry	Hastie	M60	26.80	398	8.71	526	29.24	430	34.00	537	10.18	466	2,357	
Bev	Hamilton	W75	22.18	508	6.81	556	16.21	500	10.94	332	8.22	485	2,381	
Jenn	Parker	W55	37.19	731	9.58	649	27.78	649	20.27	449	10.42	583	3,061	Discus State Record
Paula	Kennedy	W55	28.16	525	8.32	547	17.48	369	17.28	370	10.23	570	2,381	
Club Record			Pending State Record		Pending National Record									

<b>56 pound</b>				
Luella	Jenkins	W80	1.85	<b>Club &amp; State Record</b>
Michelle	Krok	W35	2.88	<b>Club Record</b>
Harold	Membrey	M70	3.61	
Jo	Peters	M70	5.89	<b>Club, State and National Record</b>
John	Fettus	M50	7.53	
Sharon	Moloney	W60	2.05	<b>Club &amp; State Record</b>
Calum	Membrey	M30	2.79	<b>Club Rec</b>
Garry	Hastie	M60	3.67	<b>Club Rec</b>
Bev	Hamilton	W75	1.60	
Jenn	Parker	W55	2.58	
Paula	Kennedy	W55	3.49	

													Total	
<b>Weight Pentathlon</b>			<b>1st Weight</b>	<b>Points</b>	<b>2nd</b>	<b>Points</b>	<b>3rd</b>	<b>Points</b>	<b>4th</b>	<b>Points</b>	<b>5th</b>	<b>Points</b>	<b>Points</b>	
Michelle	Krok	W35	10.61	332	9.46	329	8.22	341	6.48	312	4.44	233	<b>1,547</b>	
Harold	Membrey	M70	14.95	527	12.77	514	10.55	498	9.18	504	7.84	497	<b>2,540</b>	
Jo	Peters	M70	19.70	725	19.03	816	16.87	868	14.67	885	12.23	864	<b>4,158</b>	<b>Club Record</b>
Sharon	Moloney	W60	12.63	474	11.22	477	<b>9.36</b>	468	7.47	442	6.06	430	<b>2,291</b>	<b>Club Record</b>
Garry	Hastie	M60	12.79	429	10.80	410	8.89	394	7.19	352	5.15	280	<b>1,865</b>	
Bev	Hamilton	W75	10.44	464	9.85	508	8.65	516	6.80	487	5.99	536	<b>2,511</b>	
Jenn	Parker	W55	15.84	654	12.78	592	9.85	545	7.61	497	<b>7.29</b>	584	<b>2,872</b>	<b>Club Record, SW Club &amp; State Record</b>
Paula	Kennedy	W55	12.78	511	11.88	544	10.19	568	7.78	511	5.92	446	<b>2,580</b>	

100 pound			
Michelle	Krok	W35	2.00
Harold	Membrey	M70	2.11
Jo	Peters	M70	3.21
Sharon	Moloney	W60	1.24
Bev	Hamilton	W75	0.87
Jenn	Parker	W55	1.70
Paula	Kennedy	W55	2.28

**Club & State  
Record**

**Club, State and National Record**

**Club & State  
Record**

**State Record**