



February 3 2024

Weight Throw			Distance	
John	Fettus	M50	17.21m	Club Rec
Phil	Fenn	M40	7.68m	
Tyne	Timmers	M40	6.60m	
Michelle	Krokosz	W35	8.46m	Club Rec
Luella	Jenkins	W80	9.88m	
Jenn	Parker	W55	10.04m	
Sue	Coates	W55	9.49m	
Brian	Waldhuter	M80	8.32m	
Garry	Hastie	M60	9.64m	
Harold	Membrey	M70	10.71m	

100lb Weight Throw			Distance	
Tyne	Timmers	M40	3.27m	Club Rec
Phil	Fenn	M40	3.07m	
Sue	Coates	W55	1.68m	
Jenn	Parker	W55	1.53m	
Michelle	Krokosz	W35	1.95m	Club Rec
Luella	Jenkins	W80	0.86m	Club Rec
John	Fettus	M50	3.95m	Club Rec
Harold	Membrey	M70	2.30m	Club Rec
Garry	Hastie	M60	2.38m	Club Rec

300m Hurdles			Time	
Taya	Campbell	U14	56.80	
Connor	Lewis	U14	54.60	
Eva	Da Ronche	U14	59.10	
Jenn	Parker	W55	56.60	Club Rec
Sue	Coates	W55	61.20	
Chanelle	Odine	W35	81.00	