



June 24 2023

| Throws Pentathlon |          |     | Hammer        | Points | Shot Put      | Points | Discus        | Points | Javelin | Points | Weight        | Points | Points      |
|-------------------|----------|-----|---------------|--------|---------------|--------|---------------|--------|---------|--------|---------------|--------|-------------|
| Ruth              | Johnson  | 80  | 19.23m        | 513    | 5.31m         | 480    | 11.23m        | 380    | 8.96m   | 310    | 6.32m         | 419    | <b>2102</b> |
| Sharon            | Moloney  | 60  | 24.88m        | 516    | 6.90m         | 486    | 16.87m        | 402    | 13.92m  | 324    | 8.73m         | 430    | <b>2158</b> |
| Jenn              | Parker   | 50  | 30.05m        | 502    | 9.19m         | 556    | 27.24m        | 563    | 18.86m  | 361    | 8.37m         | 401    | <b>2383</b> |
| Sue               | Coate    | 55  | 22.78m        | 405    | 9.95m         | 680    | 23.93m        | 542    | 23.65m  | 539    | 6.39m         | 319    | <b>2485</b> |
| Harold            | Membrey  | 70  | 23.63m        | 379    | 7.19m         | 448    | 18.14m        | 297    | 16.36m  | 236    | 10.57m        | 499    | <b>1859</b> |
| Garry             | Hastie   | 60  | 23.86m        | 343    | 9.02m         | 549    | 28.63m        | 418    | 28.89m  | 435    | 10.12m        | 463    | <b>2208</b> |
| John              | Fettus   | 50  | <b>42.88m</b> | 651    | <b>13.38m</b> | 817    | <b>40.49m</b> | 681    | 32.56m  | 442    | <b>15.76m</b> | 776    | <b>3367</b> |
| Caroline          | Garstone | Vis | 19.30m        | 328    | 6.56m         | 405    | 18.57m        | 398    | 11.04m  | 207    | 8.03m         | 425    | <b>1763</b> |
| Annabella         | Stokes   | 18  | 43.22m        | 610    | 9.91m         | 524    | 24.88m        | 367    | 17.20m  | 237    | 10.47m        | 443    | <b>2181</b> |
| Calum             | Membrey  | 30  | ND            | 0      | 4.82m         | 181    | 10.40m        | 99     | ND      | 0      | ND            | 0      | <b>280</b>  |

John Fettus Club Records for Hammer, Shot Put, Discus, Weight Throw and Throws Pentathlon

| <b>Super Weight Throw</b> |          |     | Dist         |
|---------------------------|----------|-----|--------------|
| Ruth                      | Johnson  | 80  | 4.10m        |
| Sharon                    | Moloney  | 60  | <b>6.17m</b> |
| Jenn                      | Parker   | 50  | 6.37m        |
| Sue                       | Coate    | 55  | 5.27m        |
| Calum                     | Membrey  | 70  | 7.64m        |
| Caroline                  | Garstone | Vis | ND           |
| Annabella                 | Stokes   | 18  | ND           |

Club Record

| <b>100lb Weight Throw</b> |          |     | Dist         |
|---------------------------|----------|-----|--------------|
| Ruth                      | Johnson  | 80  | 0.40m        |
| Sharon                    | Moloney  | 60  | <b>1.17m</b> |
| Jenn                      | Parker   | 50  | 1.68m        |
| Sue                       | Coate    | 55  | 1.58m        |
| Harold                    | Membrey  | 70  | 1.61m        |
| Garry                     | Hastie   | 60  | <b>1.79m</b> |
| Caroline                  | Garstone | Vis | 1.63m        |
| Annabella                 | Stokes   | 18  | 1.98m        |
| Calum                     | Membrey  | 30  | <b>1.14m</b> |
| Ian                       | Coate    | Vis | 1.98m        |

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