



February 14 2023

Points

400M			Time
Sharon	Moloney	W60	1.51.23
Harold	Membrey	M70	1.46.60
Jonah	Kenny	U18	1.01.28
Ruth	Johnson	W80	1.55.08
Lyle	James	M80	2.44.40
Nigel	Bancroft	M55	1.10.48
Michael	Byrne	M70	1.10.46
Ross	Goulden	M75	1.30.70

Points

Hammer			Distance
Luella	Jenkins	W80	18.61m
Sharon	Moloney	W60	23.71m
Ruth	Johnson	W80	20.25m
John	Fettus	M45	38.48m
Gemma	Buckle	U16	25.89m
Harold	Membrey	M70	25.18m
Darren	Brennan	M40	12.86m
Garry	Hastie	M60	23.46m
Paula	Kennedy	W55	27.03m
Lyle	James	M80	4.38m

Points

Long Jump			Distance
Sharon	Moloney	W60	1.87m
Ruth	Johnson	W80	2.33m
Luella	Jenkins	W80	2.29m
Jonah	Kenny	U18	5.29m

Non Points

1500m			Time
Jonah	Kenny	U18	5.07.79
Michael	Byrne	M70	6.04.89
Ruth	Johnson	W80	9.40.95
Ross	Goulden	M75	7.53.60
Nigel	Bancroft	M55	5.51.07
Krystal	Christie	W30	9.33.06
Paula	Kennedy	W55	11.47.48
Peter	Doye	M80	11.47.48

Walk
Walk
Walk

Non Points

Javelin			Distance
Garry	Hastie	M60	35.85m
Gemma	Buckle	U16	42.68m
Luella	Jenkins	W80	15.02m
Lyle	James	M80	4.03m
Calum	Membrey	M30	16.77m