



February 13 2024

Points

Hurdles			Time
80m			
Anouk	Timmers	U14	19.8
Lily	Timmers	U14	15.4
Taya	Campbell	U14	13.9
90m			
Connor	Lewis	U14	18.2

Points

400m			Time
Ruth	Johnson	W80	2:04.0
Harold	Membrey	M70	1:43.9
Ross	Goulden	M75	1:24.0
Andries	Scheepers	Vis	1:18.5
Jonah	Kenny	U18	53.5
Connor	Lewis	U14	1:06.0
Tahlia	Warner	U15	1:03.0
Lucy	Nell	U14	1:14.5
Lily	Timmers	U14	1:15.3
Tyne	Timmers	M40	58.5

Non Points

Shot Put			Distance
Sharon	Moloney	W60	7.08m
Luella	Jenkins	W80	6.39m
Paula	Kennedy	W55	8.12m
Anouk	Timmers	U14	7.13m
Elane'	Scheepers	Vis	7.30m
Harold	Membrey	M70	7.73m
Andries	Scheepers	Vis	5.75m
Tyne	Timmers	M40	8.37m
Calum	Membrey	M30	5.30m
Olivia	Scheepers	U14	13.51m
Garry	Hastie	M60	8.49m

Club Record

Points

Hammer			Distance
Luella	Jenkins	W80	19.02m
Ruth	Johnson	W80	18.24m
Garry	Hastie	M60	25.59m
Sharon	Moloney	W60	25.82m
Brian	Waldhuter	M80	16.15m
Darren	Brennan	M40	12.02m
Harold	Membrey	M70	25.96m
Anouk	Timmers	U14	11.90m
Paula	Kennedy	W55	28.09m
Olivia	Scheepers	U14	21.05m
Elane'	Scheepers	Vis	14.54m
Conner	Lewis	U14	13.56m

Points

Long Jump			Distance
Luella	Jenkins	W80	2.26m
Ruth	Johnson	W80	2.36m
Jonah	Kenny	U18	5.60m
Connor	Lewis	U14	4.17m
Lucy	Nell	U14	4.40m
Tyne	Timmers	M40	4.76m
Lily	Timmers	U14	4.28m
Calum	Membrey	M30	4.02m
Taya	Campbell	U14	4.65m
Tahlia	Warner	U15	4.26m
Andries	Scheepers	Vis	3.75m

1500m			Time
Ross	Goulden	M75	7:11.54
Tim	Fitzgerald	M45	5:29.12
1500m Walk			
Paula	Kennedy	W55	11:47.68
Garry	Hastie	M60	9:22.45