



December 23 2023

Hurdles			Time	
300m				
Harold	Membrey	M70	1:25.4	
Jenn	Parker	W50	59.0	
Connor	Lewis	U14	52.3	Club Record
Lily	Timmers	U14	56.2	Club Record
400m				
Tyne	Timmers	M40	1:08.1	Club Record

Weight Throw			Distance	
Paula	Kennedy	W55	9.60m	
John	Fettus	M50	16.28m	Equal Club Record
Tyne	Timmers	M40	6.63m	
Garry	Hastie	M60	10.27m	
Sharon	Moloney	W60	8.85m	
Luella	Jenkins	W80	9.52m	
Harold	Membrey	M70	10.65m	
Lily	Timmers	U14	8.10m	Club Record
Jenn	Parker	W50	11.10m	
Calum	Membrey	M30	4.51m	

Women's 100lb Weight Throw			Distance	
Sharon	Moloney	W60	1.19m	Club Record & Pending State Record
Luella	Jenkins	W80	0.82m	Club Record & Pending State Record
Paula	Kennedy	W55	2.33m	Club Record, Pending State Record & Australian Record
Jenn	Parker	W50	1.64m	Club Record

Men's 100lb Weight Throw			Distance	
Garry	Hastie	M60	2.16m	
Tyne	Timmers	M40	2.95m	Club Record & Pending State Record
Harold	Membrey	M70	2.18m	Club Record

Calum	Membrey	M30	1.73m	Club Record
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